

[Emergency Preparedness Week \(EP Week\)](#) is a federal-provincial-territorial initiative to promote emergency preparedness across Canada. This year, EP Week runs from May 5-11 and the provincial theme for Ontario is: **Are You Ready?**

Emergency Preparedness is everyone's responsibility, but not everyone has the means or capacity to deal with emergencies on their own. Consider initiatives to encourage people to check on neighbours and friends to ask "**Are You Ready?**" Knocking on doors and reaching out to family members and friends can help ensure everyone receives the help they need, whether that is preparation for or assistance during an emergency.

Enter the [County of Bruce EP Week Contest](#) (only 10 very simple questions) and win a Red Cross 2 Person Deluxe Emergency Kit valued at \$130.00. **Contest opens Sunday May 5<sup>th</sup> and closes May 31<sup>st</sup>!** No purchase is necessary to participate in this Contest.



#### ***MAKING AN EMERGENCY PLAN:***

Information on creating and practicing a customized family emergency plan can be found [here](#).



#### ***BUILDING AN EMERGENCY KIT:***

Families are encouraged to get together and prepare an emergency kit with enough supplies to last 72 hours (three days). Information and resources on what to include in an emergency kit and how to customize it are outlined [here](#).